

EASE Cancer Foundation

A registered 501(c)(3) non-profit corporation based in North Central Washington, dedicated to providing innovative educational programs for cancer survivors and enhancing cancer survivorship services in rural areas.

EASE Cancer Foundation provides the following:

- ✦ Designing and facilitating educational workshops for cancer survivors, which specifically address lifestyle modifications to improve quality of life, promote optimal physical functioning, and reduce cancer risk.
- ✦ Providing educational workshops for primary care providers emphasizing cancer survivorship issues.
- ✦ Promoting and conducting research regarding cancer survivorship and cancer prevention.
- ✦ Empowering cancer survivors to take an active role in their well-being.
- ✦ Enhancing local resources for cancer survivors and their primary care providers, which support ongoing healthy lifestyle habits.
- ✦ Design and facilitate community-based cancer survivorship rehabilitation and wellness program in collaboration with the Wellness Place, Wenatchee YMCA, Central Washington University, and Confluence Health.

Sponsored By:

Sun Mountain Lodge, Confluence Health, Wellness Place, Icicle Village Resort, Joanna Dunn Yoga, Balance Point, Mount Stuart Physical Therapy, Doane's Valley Pharmacy, and Sage Mountain Natural Foods.



Trails of Cancer Survivorship

EASE Cancer Foundation
PO Box 377
Cashmere, WA, 98815

Phone: 509-860-1322
Fax: 509-782-5320
www.easecancer.org

Celebration of Cancer Survivorship! Trail Walk & Music Festival



Trails of Cancer Survivorship
Presented by

*EASE Cancer Foundation and
Sun Mountain Lodge
Winthrop, WA*

Saturday May 17, 2014



EASE Cancer Foundation

EXERCISE AND SURVIVORSHIP EDUCATION

a 501(c)(3) non-profit corporation

LIVE MUSIC



Cool Water - Harmony Driven Folk Rock! Brooke Pennock and Wendy McDowell, known as "Cool Water" are Seattle based singer-songwriters that draw comparisons to Brandi Carlile, the Lumineers, Mary Lambert, and more with their harmony driven folk rock.

Sum Guy is a unique blend of original folk/rock, spoken word, and performance art. Sum Guy wants to be a musician when he grows up, but in the meantime he is content to write songs, play guitar, sing, howl, growl, grovel and laugh, and he invites you to share the experience.



The LakeBoys are Greg Kennedy and Arthur Dunn, a musical duo residing in the Lake Chelan area. It's hard to believe it's just two guys playing all that music. Bring your dancing shoes along and dance the afternoon away.

Kevin Jones Band

"The Music style?..

Roots Electric/Acoustic Rock, with a touch of world tone, Rhythmic and Colorful. Great originals and wonderfully unusual versions of cover songs. You'll hear wonderfully crafted ballads, driving rhythm and blues, electric and acoustic stringed instruments from several countries, and great dancing music. Bottom line...fun, not work.



JOIN US!!

Please join us for this fund raising event to support the **E.A.S.E. Cancer Foundation!** Walks, hikes, and guided walks available for all ages and abilities!

Itinerary

Trails of Cancer Survivorship *Enjoy at your own pace*

Saturday, May 17th

- 9:00-10:00 Registration/Check-in:
Chickadee Trailhead
- 10am to 12pm **Celebration of Cancer Survivorship Walk**
**Everyone starts together*
- 12:00-1:00 **Mexican Buffet**
- 1:00-5:00 **Musical Entertainment**
With Cool Water, Sum Guy, LakeBoys, and the Kevin Jones Band

Proceeds support scholarship funding for cancer survivors attending Cancer Survivorship Workshops and Cancer Survivorship Rehabilitation Programs.



© Alan Kearney

Registration

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Home phone: _____
 Cell phone: _____
 E-mail: _____

Registration Fees

- \$50 Suggested donation for Walk, Mexican Buffet & Live Musical Entertainment
- \$15 Live Musical Entertainment Only

Method of Payment

Check Visa MasterCard

Please make checks payable to *EASE Cancer Foundation*.

Card number: _____ Exp. Date: _____

Cardholder name: _____

Cardholder address and zip code: _____
(if different from registration info above.)

Cardholder signature _____

Mail this registration form or Register online at www.easecancer.org

For more information call EASE Cancer Foundation 509-860-1322

Special Offer by Sun Mountain Lodge!

Special room rates are available with registration code starting at \$90 per room plus tax. Reservations required. Space limited and will be on a first come first served basis. For more information and reservations, please contact Sun Mountain Lodge at

800-572-0493 or (509) 996-2211

www.sunmountainlodge.com

Winthrop, WA